



TRADITIONAL TREATMENTS FOR INFANTS' COMMON ILLNESSES

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The study identified the traditional treatments employed by mothers for infants' common illnesses in Laoag City. It specifically surveyed the common illnesses among infants, traditional treatments employed to each of these illnesses, and the level of effectiveness of each traditional treatment employed.

The study employed the descriptive method of research. Data were gathered from mothers employing traditional treatments using questionnaires which were tabulated, interpreted, and analyzed using percentages and weighted means.

The common infants' illnesses were cough, "usug", "balai-bi", diarrhea and "til-i." Mothers in Laoag City still practice traditional ways of treating infants' common illnesses. Such include the use of medicinal plants, "hilot", "tawas/tako-tako", belief in the supernatural beings, massage, and incantation. The respondents also believed that these traditional treatments are effective but only as an immediate relief.

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