



SPIRITUALITY OF EMPLOYEES AND THEIR ATTITUDE TOWARD THEIR CO-WORKERS AND WORK

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This study aimed to determine the spirituality of employees of Northwestern University and their attitude toward their co-workers and work. It sought answers to the following questions: (1) What is the profile of employees as to age, religion, and affiliation to religious organizations? (2) What is the spirituality of employees as to praying, attendance to worship service or Sunday mass, Bible reading, and involvement in spiritual activities? (3) What is the attitude of employees toward their co-workers and work?

The descriptive method was used to accomplish the study. The questionnaire was the main tool in the gathering of data. The respondents of the study were 168 employees both from the academic and non-academic personnel. Data gathered from this study showed that majority of the respondents belonged to age bracket 21-30, predominantly Roman Catholic in religion, and no affiliation to religious organizations.

Results further showed that spirituality of respondents as to praying was to a High Extent; attendance to worship service or Sunday mass to a High Extent; Bible reading to a High Extent; and involvement in religious activities to a Satisfactory Extent. As regards their attitude toward their co-workers and work, they obtained a composite mean of a High Extent.

In conclusion, it can be said that the spirituality of employees of Northwestern University is High, which is an indication that they establish a good relationship with their Creator as well as their co-workers. They also have a good attitude toward their work. However, their involvement in religious activities that would help nurture such a relationship is Very Limited. In the light of the findings and conclusions arrived at in this study, the following recommendations were set: 1) the university specifically the office of IPODD should organize and conduct religious activities for employees and they should be encouraged to attend religious activities outside the university; 2) the university should organize Bible studies other than the first Friday mass and Praise & Worship in celebration of the Foundation Day as means of enhancing the spirituality of employees; 3) the university should put premium on the enhancement of spirituality of employees in their work.

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